

Shawnee CC

913 SE 29th Street (785) 233-5544

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning						
		Tai Chi 9:30a-10:15a Fieldhouse (Deb)		Tai Chi 9:30a-10:15a Fieldhouse (Deb)		
Lunch hour						
Evening						
					Fieldhouse - West side of building Group Exercise Schedules are online at www.greatlifegolf.com/-fitness-classes	

Group Exercise classes open to Fitness Plus, Lifestyle and Play Everything Members

\$5 & \$10 Fitness Only memberships DO NOT include Group Exercise Classes

updated 6/1/20